

Coital death: Why many meet their end during sex

■ Experts say excitement from stolen sex, anxiety, alcohol, drugs, other factors responsible
■ 'It's the body's condition before sex that kills, not the sex itself'



A couple

But Nwachukwu could not wake up after he and Miss Raymond engaged in sexual intercourse. He died in the throes of pleasure.

The family of Lawal Ibrahim, a police inspector, started 2025 with bad news. He died in January while having sex with a woman, Maryam Abba, in a hotel at Gwagwalada, near Abuja.

Reports said Ibrahim, who was attached to Kwali Division, had invited Maryam to Abuja from her Jigawa base after both met on social media.

It was during the second lovemaking session that the Inspector lost consciousness. Maryam attempted to revive him by sprinkling water on him. When her efforts couldn't yield fruit, she raised the alarm.

When the hotel room was searched, watermelon, a natural aphrodisiac and a substance believed to be a synthetic sexual enhancer was found alongside his Identity Card, and phone charger.

In February 2025, the Ogun State Police Command launched a manhunt for an unidentified woman after Inspector Haruna Mohammed, an officer serving with the Ishashi Division of the Lagos State Police Command, was found dead in a hotel at Akute, Ogun State. It was gathered that the woman had checked into the hotel room with the victim but fled shortly afterwards.

The police classified Mohammed's death as "unnatural."

These are not the only incidents of police officers dying while performing illegal actions. Sometime ago, Sunday Eguakhide, a 56-year-old police superintendent reportedly convulsed and died while having sex with his mistress right in his office at the Police College, Ikeja, Lagos.

It was gathered that the incident took place just a week to his retirement. Perhaps, he decided to "cut the last show" in the office before bowing out.

The lady, in whose bosom Eguakhide had the last outing volunteered that the late officer was in the habit of taking sexual enhancement concoction whenever he wanted to have an encounter with her. She said that she had warned him severally to stop doing that but her plea fell on deaf ears.

The woman, who revealed that the late police officer regularly had sex with her in his office, added that he always did it as if they were at war.

She said: "I didn't like it because I was the one that used to bear the brunt of it."

Like Inspector Ibrahim, Superintendent Eguakhide was riding his woman a second time that fateful day when he suddenly joined his ancestors.

It is not only men that die when eating the forbidden fruit. In August 2023, the police in Abia State arrested the General Overseer of the Agape Evangelical Ministry, Bishop Timothy Otu, over the death of a female evangelist, Mrs Happiness Echicze, in a hotel in Aba.

It was learnt that Otu had checked into the hotel in Obingwa council area with the 43-year-old woman but she was later found dead in the room with her clothes removed. She was foaming in her mouth.

According to reports, Otu, who hails from Ugep, Cross River State, checked into the hotel to allegedly have sex with the female evangelist in his church. She was a mother of three while her husband was based in Bayelsa State.

After the woman died, the cleric bolted and was caught while ministering to his congregation.

Why people die during sex

A sexpert, herbalist and writer, Dr Ify-Asia Chimezie, said that there are several reasons people die suddenly. According to her, death during sex is on the front burner because of its salacious nature.

Chimezie, who is the owner of Libido Lounge, a place where remedies for sexual related issues are offered, stated: "This year



Dr Ify

By Henry Umahi

It is not known for sure if it was a case of sex-for-marks. But what is not in doubt was that a senior lecturer at Kogi State University, Anyigba, Dr Olabode Abimbola Ibikunle, recently died during a sexual encounter with a 22-year-old 200-level student of the institution. The student was identified as Miss Glory Ojochegebe.

Ibikunle and Glory were inside a hotel room in Anyigba when he gave up the ghost on July 15, 2025. The matter was later reported to the police by the hotel manager.

The police said the hotel manager, Moses Friday, reported that the student rushed to the reception to alert the staff that the lecturer had collapsed after their encounter.

The lecturer, a married man with children, was taken to a hospital, where he was confirmed dead by a doctor. It was gathered that he

checked into the hotel earlier that day with the student, who is of the department of Social Studies Education.

Few weeks earlier, a man identified as Mr Louis Nwachukwu was found dead in a hotel located in Mpace area of the Federal Capital Territory (FCT).

The deceased, said to be an employee of the Transmission Company of Nigeria (TCN), had checked into the hotel with a lady, identified as Helen Raymond.